



MID-WEEK MEDITATIONS

WEDNESDAY, OCTOBER 14, 2020

10:00 AM *VIA* FACEBOOK LIVE

Our time together will begin with the ringing of a chime, followed by a minute of silence, and then a musical selection. Allow yourself to use this time to focus on your breathing, and be as fully present as you can be in whatever space you find yourself in, with the gathered community, at this very moment in time.

Opening Responses

Leader O God, you summon the day to dawn,
you teach the morning to waken the earth.
All Great is your Name. Great is your Love.
Leader For you the valleys shall sing for joy,
the trees of the field shall clap their hands.
All Great is your Name. Great is your Love.
Leader For you the monarchs of the earth shall bow,
the poor and persecuted shall shout for joy.
All Great is your Name. Great is your Love.
Leader Your love and mercy shall last forever,
fresh as the morning, sure as the sunrise.
All Great is your Name. Great is your Love.

Song

"Hear our prayer, O Lord" (by George Whelpton)

Hear our prayer, O Lord, hear our prayer, O Lord; in-

cline thine ear to us, and grant us thy peace. A - men.

Prayer*Leader*

God, bring new life where we are worn and tired, new love where we have turned hard hearted, forgiveness where we feel hurt and where we have wounded, and the joy and freedom of your Holy Spirit where we are the prisoners of ourselves.

All

Amen.

Scripture*Sirach 38:1-4,6-10,12-14*

Honor physicians for their services,
for the Lord created them;

for their gift of healing comes from the Most High,
and they are rewarded by the king.

The skill of physicians makes them distinguished,
and in the presence of the great they are admired.

The Lord created medicines out of the earth,
and the sensible will not despise them.

And he gave skill to human beings
that he might be glorified in his marvelous works.

By them the physician heals and takes away pain;
the pharmacist makes a mixture from them.

God's works will never be finished;
and from him health spreads over all the earth.

My child, when you are ill, do not delay,
but pray to the Lord, and he will heal you.

Give up your faults and direct your hands rightly,
and cleanse your heart from all sin.

Then give the physician his place, for the Lord created him;
do not let him leave you, for you need him.

There may come a time when recovery lies in the hands of physicians,
for they too pray to the Lord

that he grant them success in diagnosis
and in healing, for the sake of preserving life.

Kaleidoscope Bible Study

The Bible passage will be read 3 times. After each reading, everyone will be invited to share their reflections.

The First Reading:

Capture a word, a phrase or an image when listening to the passage.

The passage is read.

Take a moment of silence to capture a word, a phrase or an image that stood out from the passage for you.

(Share your word, phrase or image.)

The Second Reading:

Consider the following question while listening to the passage...

“In what ways have you experienced healing in your life?”

The passage is read.

Take a moment of silence to reflect on the question.

(Share your reflection to the question.)

The Third Reading:

Consider the following question while listening to the passage...

“What does God invite you to do, be or change through this passage?”

The passage is read.

Take a moment of silence to reflect on the question.

(Share your reflection to the question.)

We end this time of study with a prayer circle:

Consider and share your responses to the following questions...

I thank God today . . .

I ask God today . . .

Once we've finished reflecting together, we end with the Lord's Prayer.

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Prayers

Leader The cares of our hearts

Assembly We entrust to you, O God.

Leader The needs of your Church

Assembly We entrust to you, O God.

Leader The wounds of the world

Assembly We entrust to you, O God.

Leader The hopes we carry

Assembly We entrust to you, O God.

Leader The deep desire for peace

Assembly We entrust to you, O God.

The assembly may share particular intercessions or thanksgivings.

Leader With all our lives and all our holy longings

Assembly We praise you and trust your love for us, O Lover of our souls. Amen.

Prayer

Leader May God bless us; may God keep us in the Spirit's care and lead our lives with love. May Christ's warm welcome shine from our hearts and Christ's own peace prevail through this and every day, until greater life shall call us.

All Amen.

Going Out

Leader As you have loved us,

All may we love one another.

Service adapted from:

Wild Goose Resource Group. GIA Publications. (1999). *A Wee Worship Book: Morning Prayer C.* (25-29)

Eric Law and The Kaleidoscope Institute. (2014). *Gracious Leadership Training 1 Workbook.* (15)

The Episcopal Church. (2014) *Daily Prayer for All Seasons.* (152-154)